

Grease (e.g. butter, oil, mayonnaise, hotdog grease)
First dab the area with a little rubbing alcohol and let it
dry. Then rub a little dishwashing soap on the area and
suds a bit with water. Soak the item in water with some
detergent and then wash as normal.

Protein (e.g. blood)

Squirt the area with diluted dishwashing soap and let it sit. Rinse in tepid water. If the stain still remains, treat the area with a detergent and then wash as usual.

Fruit or Vegetable (e.g. juice)

Squirt dishwashing detergent on the stain and suds with water. Add a little vinegar to the area and if the stain is on a white garment, you can use hydrogen peroxide on the stain if your working on a light/white colored garment. Follow up with detergent, rinse and wash as usual.

Grass

Start with rubbing alcohol and rub the area with a toothbrush. Let dry and then add laundry detergent to the area and try scrubbing again. Wash.

Chocolate

Start by treating the area with diluted dishwashing soap first. Next, apply laundry detergent to remove any traces of chocolate and wash as usual.

Sauces (e.g. tomato, ketchup, barbecue)

First scoop off excess sauce, being careful to lift under and up on the sauce as much as possible. Add dishwashing soap and a little water to the area. Soak in tepid water. If color still persists, add a few drops of white vinegar. Follow up with laundry detergent on the area and then wash. If the color is still there and it's on a white garment, follow up with 3% hydrogen peroxide. Let it sit, rinse and treat again with laundry detergent.

Mustard

Try flushing the area with vinegar first and follow up with dishwashing detergent. Wash as usual.

Ballpoint Ink

First try treating the area with rubbing alcohol. Rinse and treat with dishwashing soap, then wash the area with laundry detergent in warm water.